

RE: NHS Supervised Tooth Brushing Programme

Dear Parent / Guardian,

Good news! Your setting has been enrolled to provide daily supervised toothbrushing for children. This NHS scheme is brought to us by Big Brush Club and aims to help tackle tooth decay.

Your child will be brushing their teeth each day in the classroom, but they should still brush their teeth twice a day at home too!

Children will be supervised during the brushing sessions every day and will be under the guidance of trained 'Oral Health Champions'. Each child will receive their own toothbrush, which will be easily identifiable and will be stored in a safe storage system.

Allergies: Please ensure you let the nursery or school know of any allergies or health issues your child may have which could mean they are unable to take part in the scheme.

Consent: to consent for your child to take part in the scheme, please fill in the attached form and return this to your child's setting / teacher.

Parent Survey: Please complete this very short [survey](#) so that we can understand your child's toothbrushing habits at home. The survey is anonymous, so no personal information is collected.

It is important children continue to brush their teeth at home, with a fluoride toothpaste. To support this, we are sending children home with their own pack which includes a toothbrush, toothpaste and information leaflet. We would greatly appreciate your support to encourage your children with their brushing in a positive way.

Developmentally, this is such an important age and we can really make a difference to children's long term oral health by committing to this simple and effective programme. Tooth decay is the most common disease in children and an average of 3 days of school per year are missed due to dental problems causing parents and carers to have time off work for appointments. This is easily preventable through the use of fluoride toothpaste and regular brushing. Visit our website (www.bigbrushclub.co.uk) to learn more and view videos and apps that are useful in engaging your children and timing their brushing for 2 minutes.

If you wish to learn more about the programme or how to improve your child's oral health, visit www.bigbrushclub.co.uk or email info@bigbrushclub.co.uk.

Happy toothbrushing!

Yours Sincerely,



Justin Marney
Director, At Home Dental



Brushing together for healthy smiles

Consent Form

Please complete this form to ensure your child is included in the scheme and return to the school / nursery / class teacher.

- Yes, I give permission for my child to be a part of the daily toothbrushing programme.
- No, I do not want my child to be included in the daily toothbrushing programme.
- I give my consent for photographs of my child to be used by Big Brush Club to promote the Supervised Toothbrushing scheme.

Child's name: _____

Parent's name: _____

Parent's signature: _____

Date: _____

You do not need to answer this question, but if you have chosen **not** to participate in the scheme it would be helpful if you could please let us know why you would prefer that your child does not participate. This will help us to continue to improve the service that we provide.



Brushing together for healthy smiles